

FEAR



Isaiah 41:13

For I, the LORD your God, will hold your right hand,
Saying to you, Fear not, I will help you.

CALVARY CHAPEL NUEVO
Daily Devotion Journal

FEAR

CALVARY CHAPEL NUEVO

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Daily Devotion Journal

There may be nothing more powerful in our Christian life than spending quiet devotional time with God on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him.

The Daily Devotion Journal is designed to help you do just that. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God during this time.

First, Pray. Slow down and make your heart ready to hear from God.

Then, **MEDITATE** on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. If necessary, check the surrounding verses to help you understand the key scripture. You can also begin to pray this scripture while you're meditating on it. Start making this scripture a prayer for your life.

Next, write out the scripture in your own words. While you're writing, let the words sink in.

Now you're ready to **APPLY** this scripture to your life. Be personal and specific. Write down what area of your life The Holy Spirit is addressing through this scripture. How does this scripture specifically apply to your life? Be honest. Be real with God.

Next, decide what you going to do, today, in **RESPONSE** to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; How do you choose the scripture to use with the journal?

The best way is to come back to the Discipleship Resource Table on any Sunday and the people there will be glad to help you find appropriate scripture. You can also email me at shep@calvarynuevo.org and tell me what topic you're looking for scripture on, and we will send you scripture to use with your Daily Devotion Journal. You can also ask someone you consider a spiritual mentor to help you find appropriate scriptures.

You can download this journal page at calvarynuevo.org. Or you can ask us for journal books that come with 30 journal pages. We have journal books with no scripture, for you to put your own scripture in, and we also have 'topical' journal books, that come with 30 pre-printed scriptures for you to spend 30 days on one specific subject with God.

Our 'topical' journal books have been a tremendous blessing to everyone who has used them. Please consider trying one in your quiet time with the Lord.

I promise you, God will meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

Rom 12:1-2,

Pastor Dave

The Road Map

Fear is something that plagues our lives at one point or another. The toughest to the most timid will experience fear. Whether it is an actual fear or imaginary, it is real to us; even paralyzing. Sometimes we can fight it off. Often, it oppresses us.

But God, through His Word, has shown us the way to live victoriously, even joyously, in the face of fear in our lives...

In this 30-day journal you will see what healthy and unhealthy fear looks like. Also, you will spend the major portion of this journal uncovering Scriptural truths and promises that will help you overcome the unhealthy fears that cripple your life.

The 30-day journal is broken down this way:

First, the Bible has much to say about the “fear of the Lord.” This is intended to be a “healthy fear”. But for some it can be unhealthy. You will spend 4-days to start developing a healthy fear for the Lord. Despite common misunderstanding, this “fear” is actually reverence or honor for the Lord above all things including the unhealthy fears that ultimately distract you from the Lord.

Second, you will spend 9-days finding out what the Bible says we do not have to fear because we belong to God through Christ. Because of the sweeping statements of “Do Not Fear” in these passages, you can literally plug in what fear you are dealing with and it would aptly fit.

Lastly, you will spend 18-days uncovering all the promises and even pleadings of Scripture against fear as it relates to you, as a child of God.

God has tremendous hope in His Word for the fearful. As you work through this journal in the next 30-days, may you find the courage to rest in that hope. God Bless you!

Fear of the Lord
(Honoring God above our Fears)

Daily Devotion Journal

SCRIPTURE :

Psalm 103:13

Date _____

PRAY - Slow Down. Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

MEDITATE on the scripture. Read it slowly, carefully, repeatedly. Check surrounding verses to help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.

Write out the key scripture in your own words. Continue to make this scripture your prayer.

APPLY - How does this scripture apply to YOUR LIFE today? Be specific and personal. What is God speaking to you, about your life, through this scripture today.

RESPOND - What specific actions will you take today in response to this scripture?

PRAY - Write your prayer to God in response to this scripture.

Daily Devotion Journal

SCRIPTURE :

Psalm 34:7-9

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

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Daily Devotion Journal

SCRIPTURE :

Psalm 25:12-14

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Daily Devotion Journal

SCRIPTURE :

Hebrews 12:28

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DO NOT FEAR

Daily Devotion Journal

SCRIPTURE :

Psalm 3:5-6(Enemies)

Date _____

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Daily Devotion Journal

SCRIPTURE : **Proverbs 3:24-25(Sudden Disaster)** Date _____

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Daily Devotion Journal

SCRIPTURE :

Proverbs 29:25(People)

Date _____

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Daily Devotion Journal

SCRIPTURE : **Isaiah 8:12 (Conspiracies)** Date _____

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Daily Devotion Journal

SCRIPTURE : **Isaiah 51:7(Scorn or Ridicule)** Date _____

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Daily Devotion Journal

SCRIPTURE : **Luke 12:4-7(Physical Harm)** Date _____

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Daily Devotion Journal

SCRIPTURE : **Philippians 1:14(Living for Christ)** Date _____

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Daily Devotion Journal

SCRIPTURE : **Psalm 46:2(Natural Disasters)** Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

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RESPOND - What specific actions will you take today in response to this scripture?

PRAY - Write your prayer to God in response to this scripture.

Daily Devotion Journal

SCRIPTURE : **Psalm 49:5-6,15-16(Death)** Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

MEDITATE on the **scripture.** Read it slowly, carefully, repeatedly. Check surrounding verses to help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.

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Overcoming Fear

Daily Devotion Journal

SCRIPTURE :

Psalm 23:4

Date _____

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Daily Devotion Journal

SCRIPTURE :

Psalm 27:1,3

Date _____

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Daily Devotion Journal

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Psalm 34:4

Date _____

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Daily Devotion Journal

SCRIPTURE : **Psalm 118:6 Hebrews 13:6** Date _____

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Daily Devotion Journal

SCRIPTURE :

Psalm 112:4-7

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

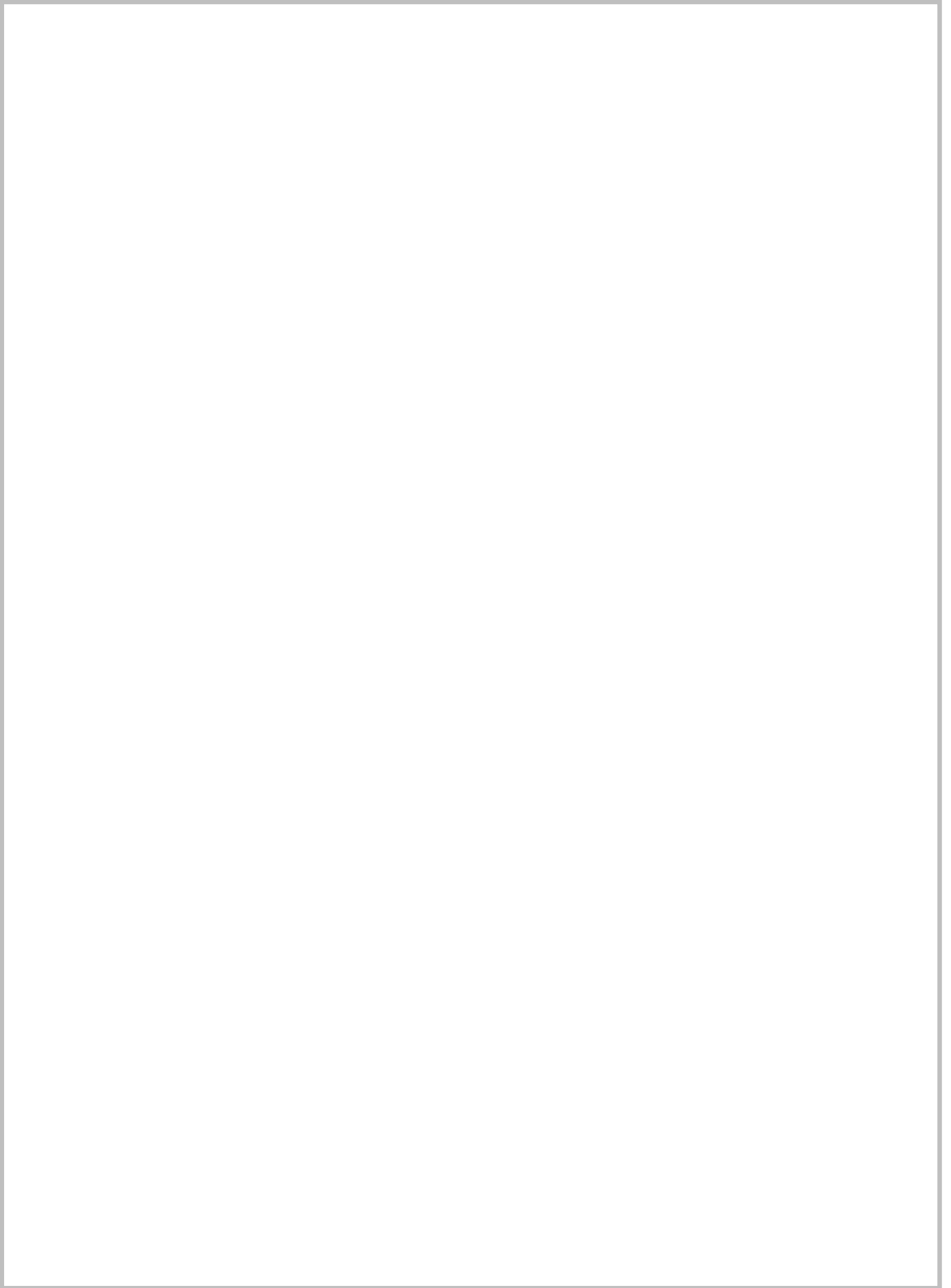
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Daily Devotion Journal

SCRIPTURE :

Isaiah 41:10,13

Date _____

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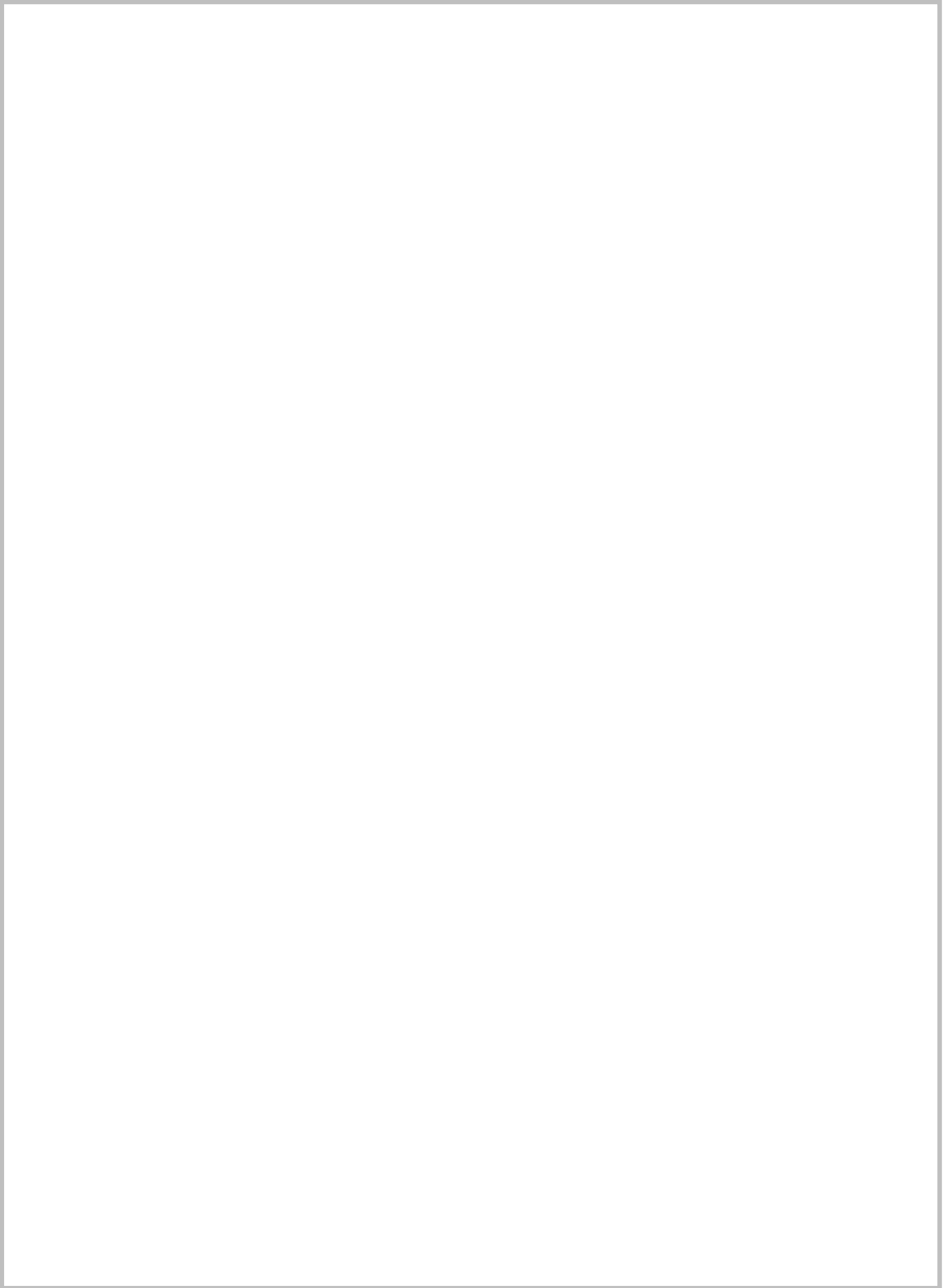
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Daily Devotion Journal

SCRIPTURE :

Isaiah 50:10

Date _____

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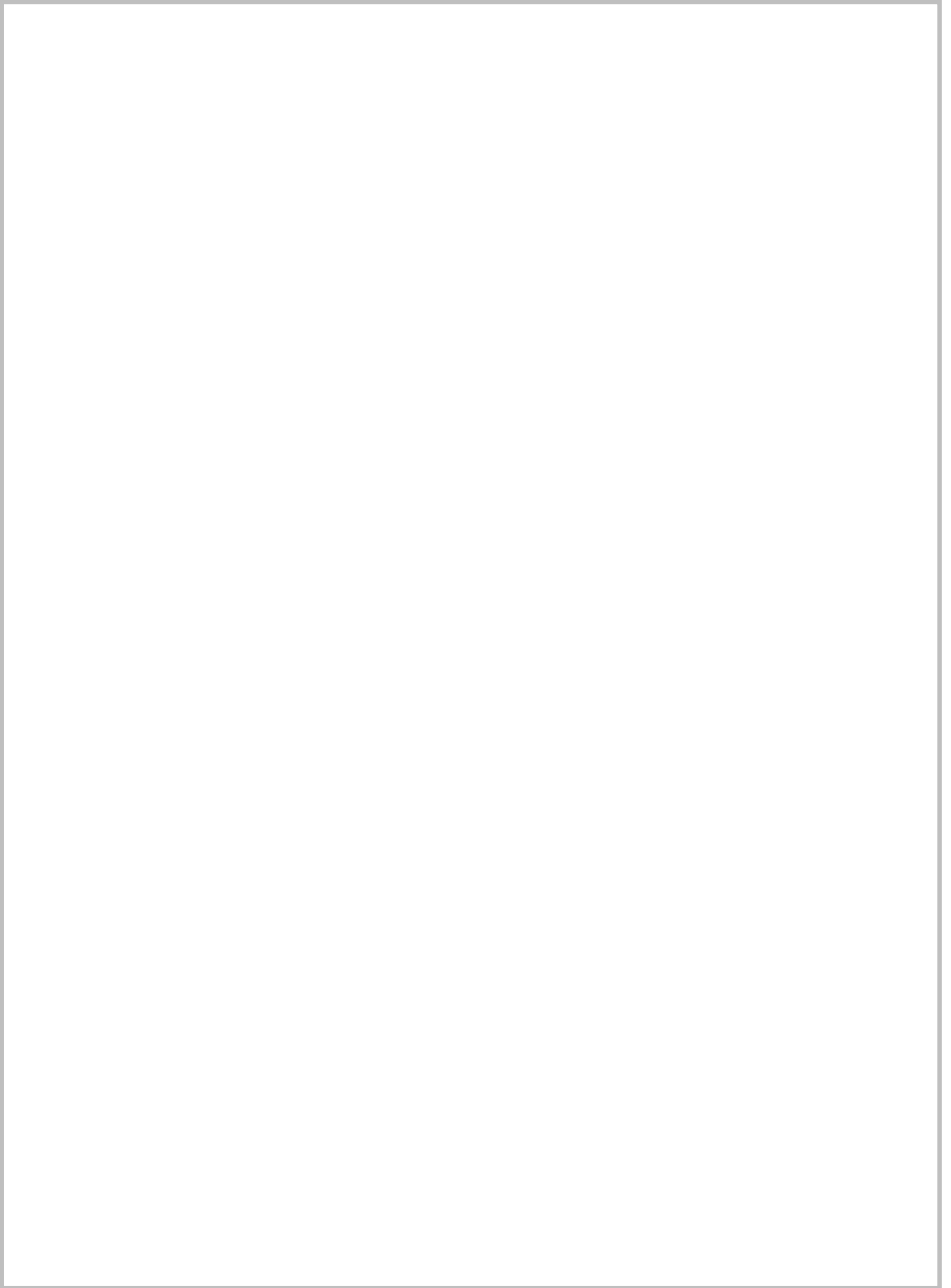
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Daily Devotion Journal

SCRIPTURE :

Lamentations 3:57

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

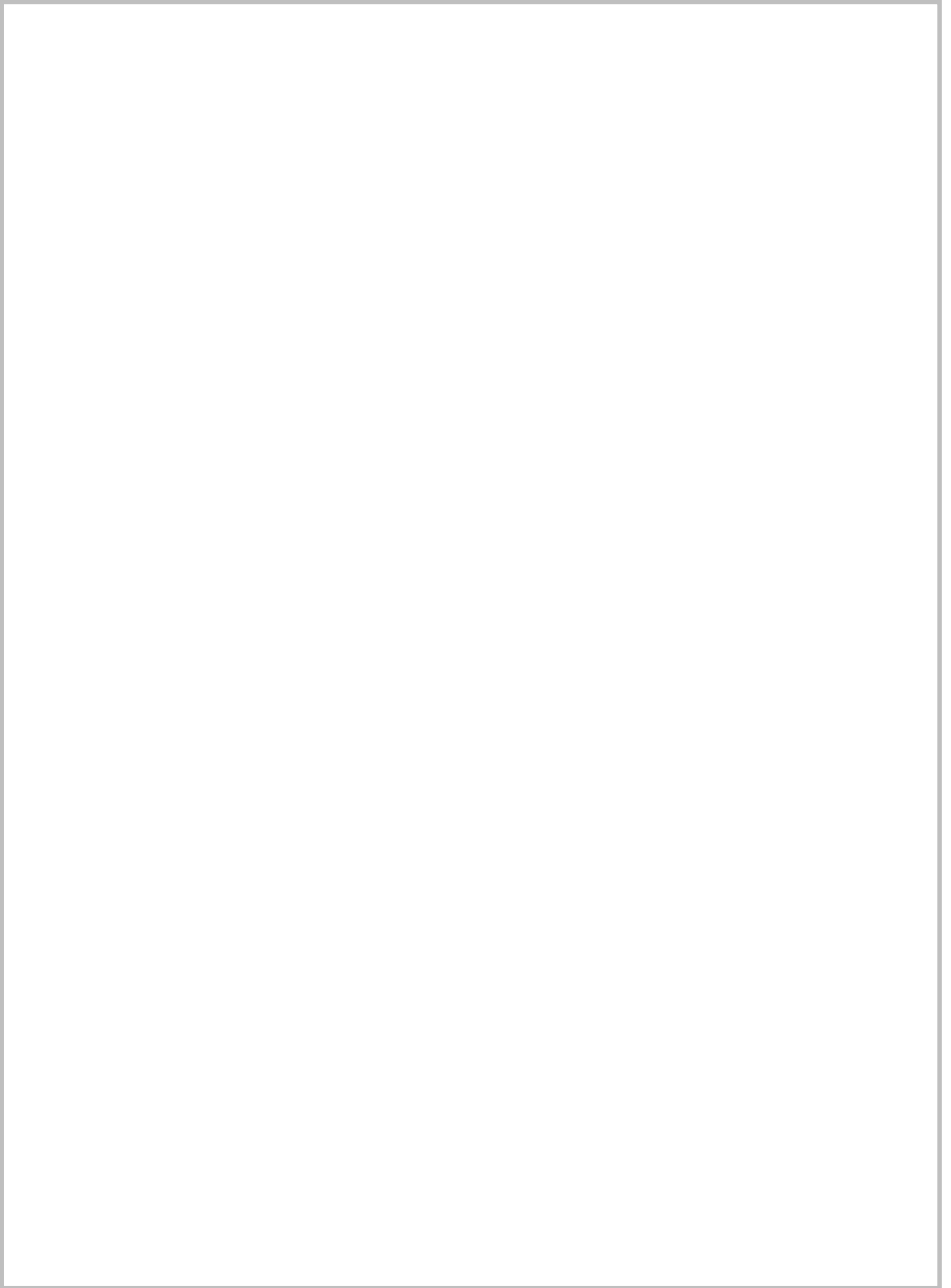
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Daily Devotion Journal

SCRIPTURE : **Mark 5:34-36(Review vvs. 25-43** Date _____

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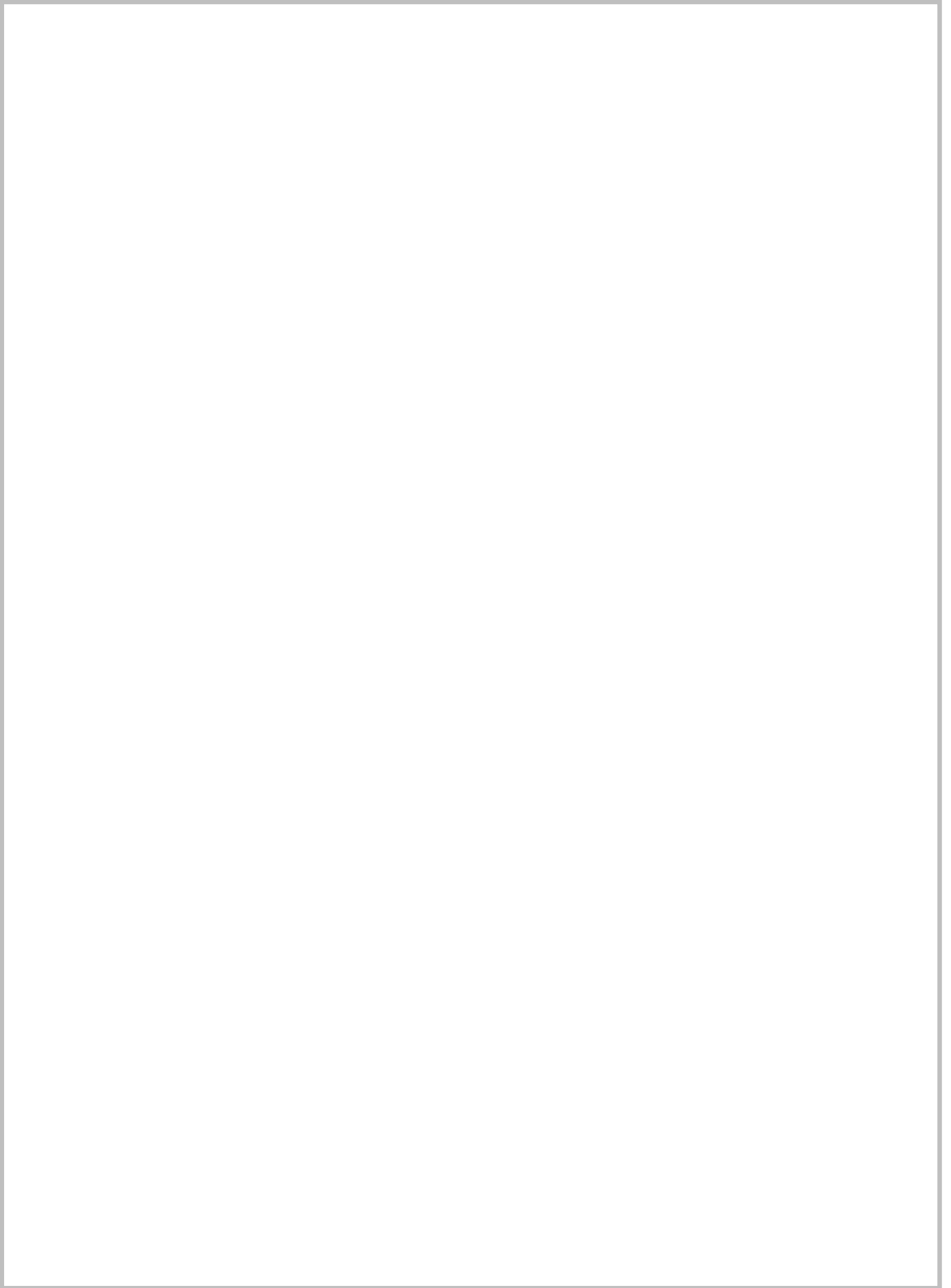
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Daily Devotion Journal

SCRIPTURE :

Luke 12:32

Date _____

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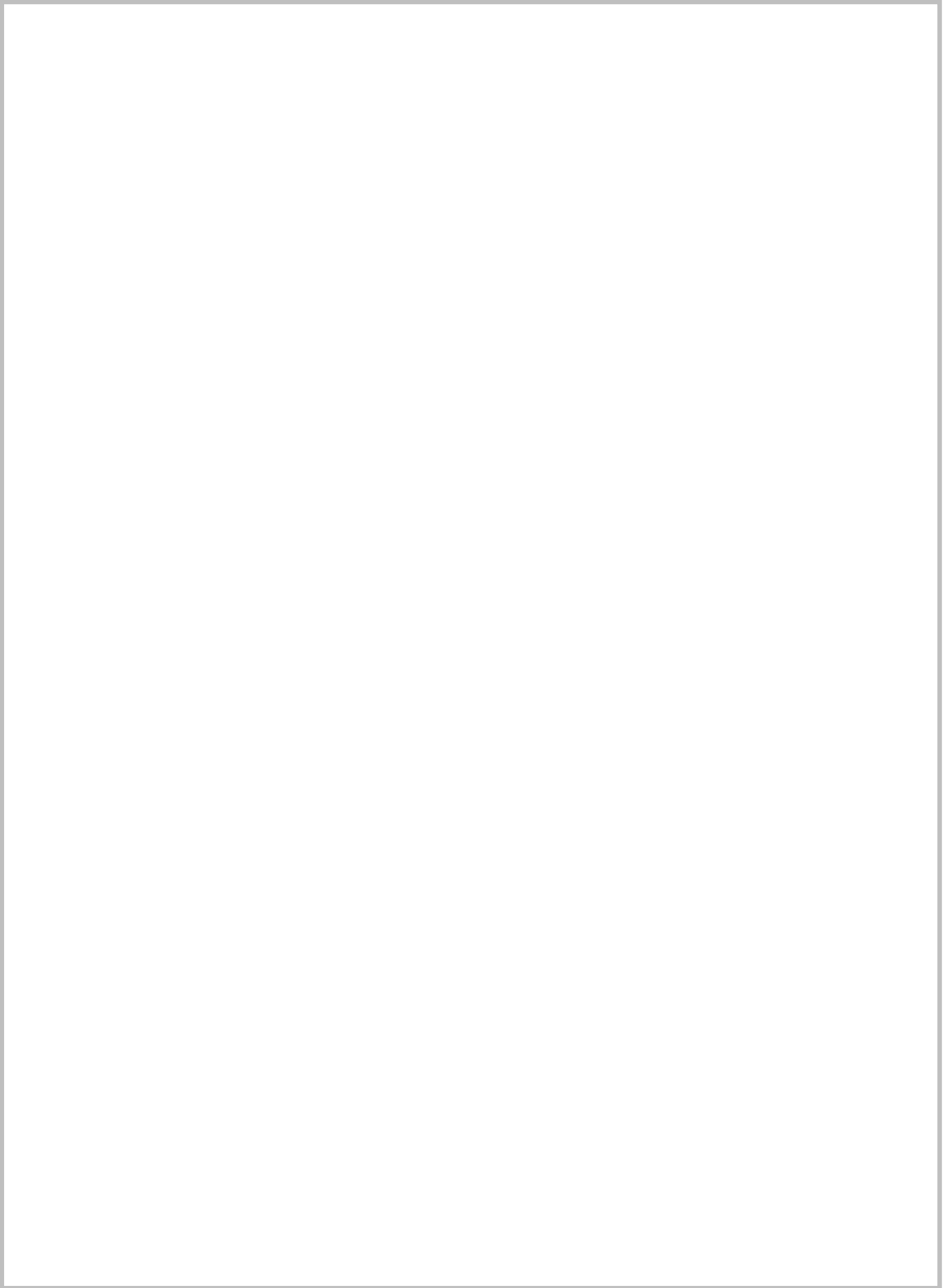
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Daily Devotion Journal

SCRIPTURE :

John 14:27

Date _____

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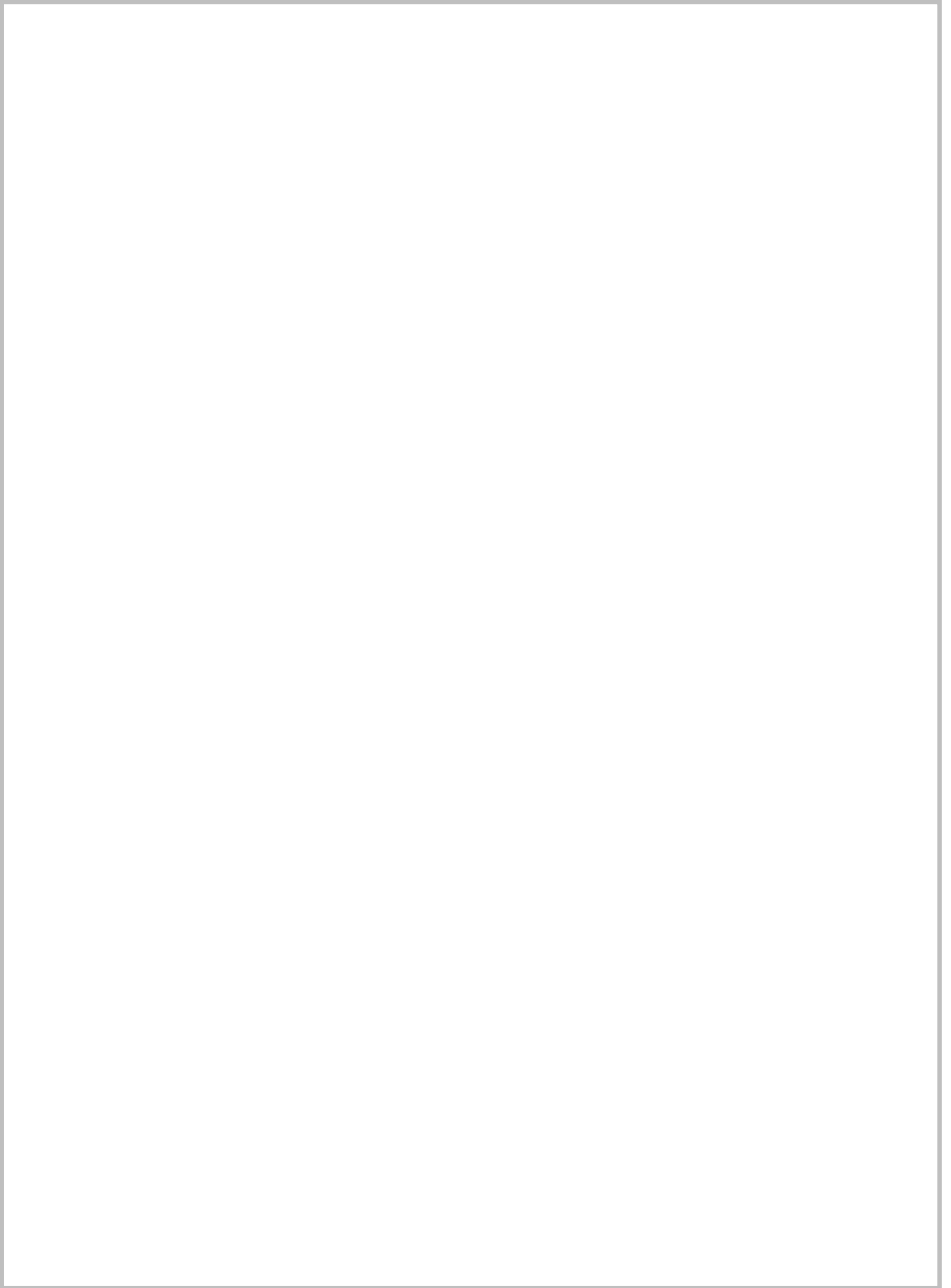
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Daily Devotion Journal

SCRIPTURE :

Romans 8:15

Date _____

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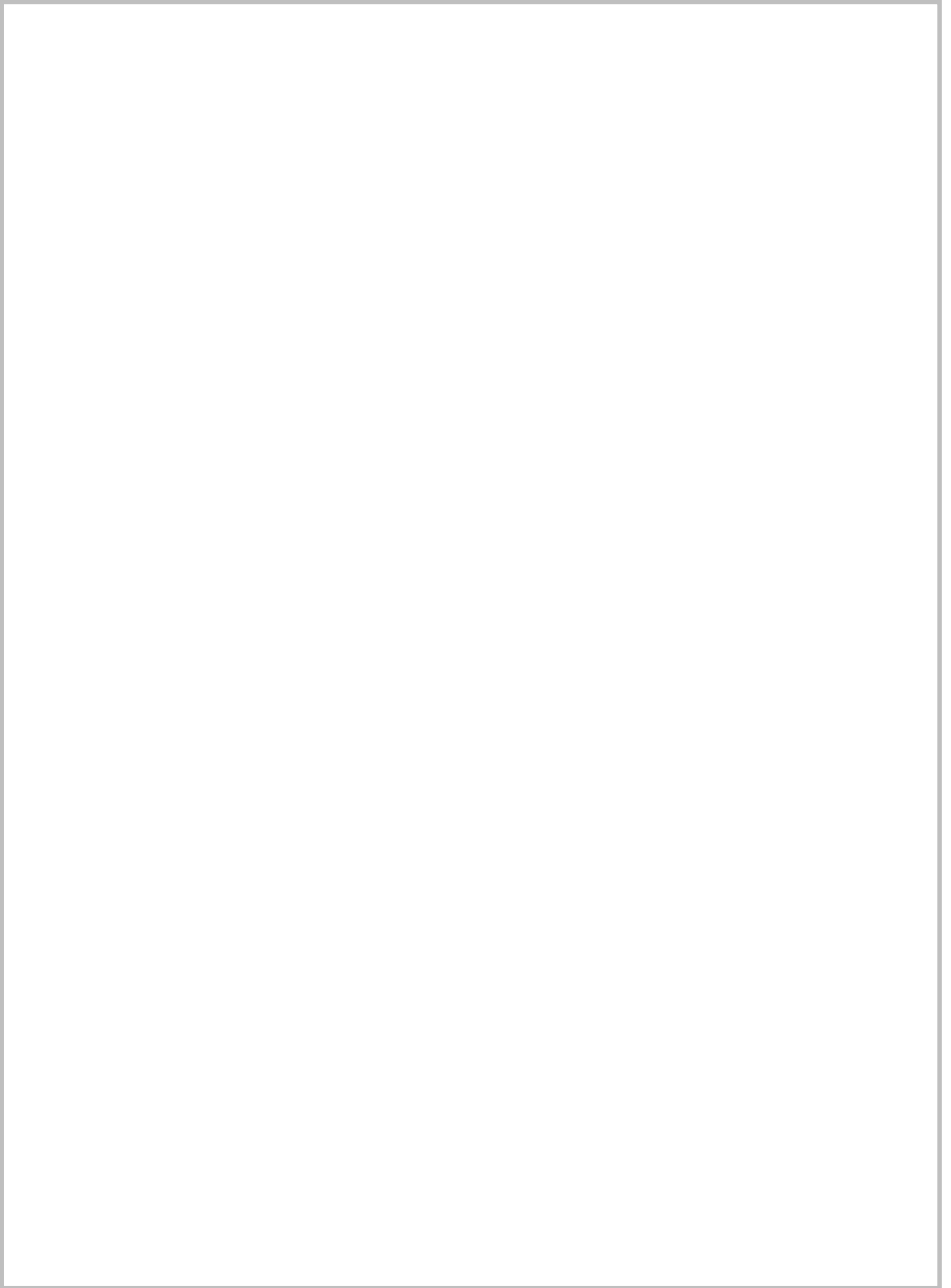
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Daily Devotion Journal

SCRIPTURE :

2 Timothy 1:7

Date _____

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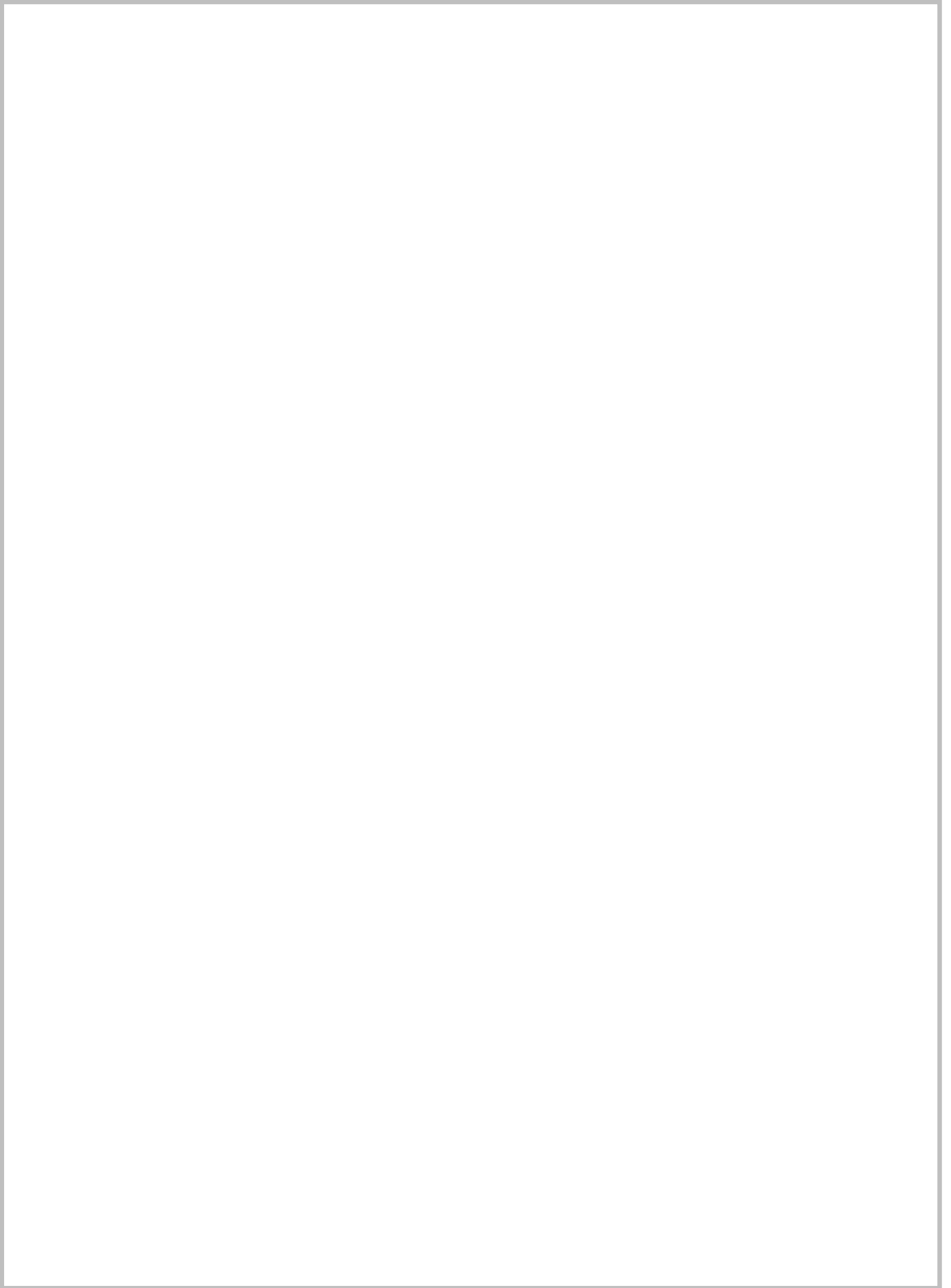
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Daily Devotion Journal

SCRIPTURE :

Hebrews 2:14-15

Date _____

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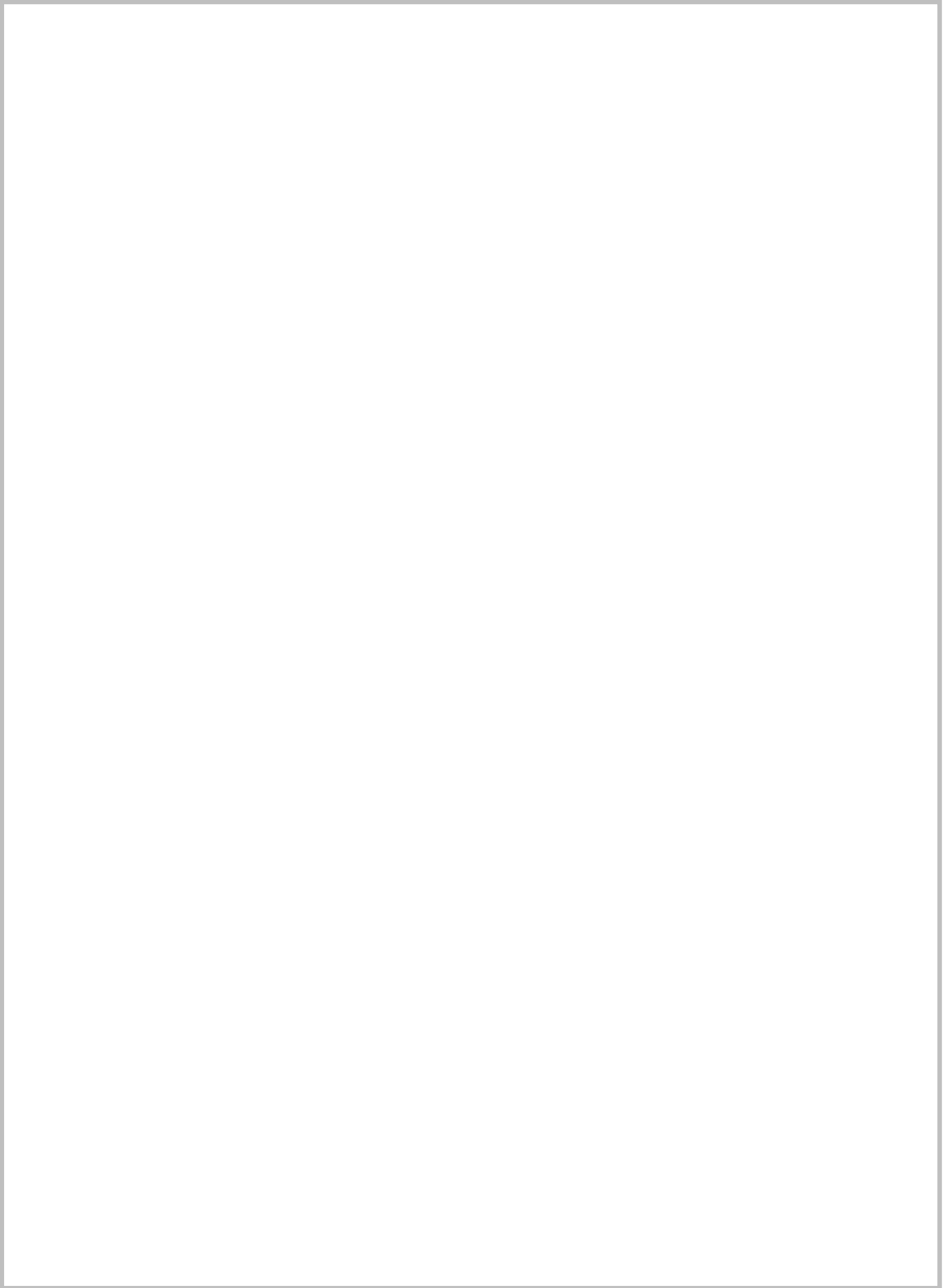
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Daily Devotion Journal

SCRIPTURE :

1 Peter 3:13-14

Date _____

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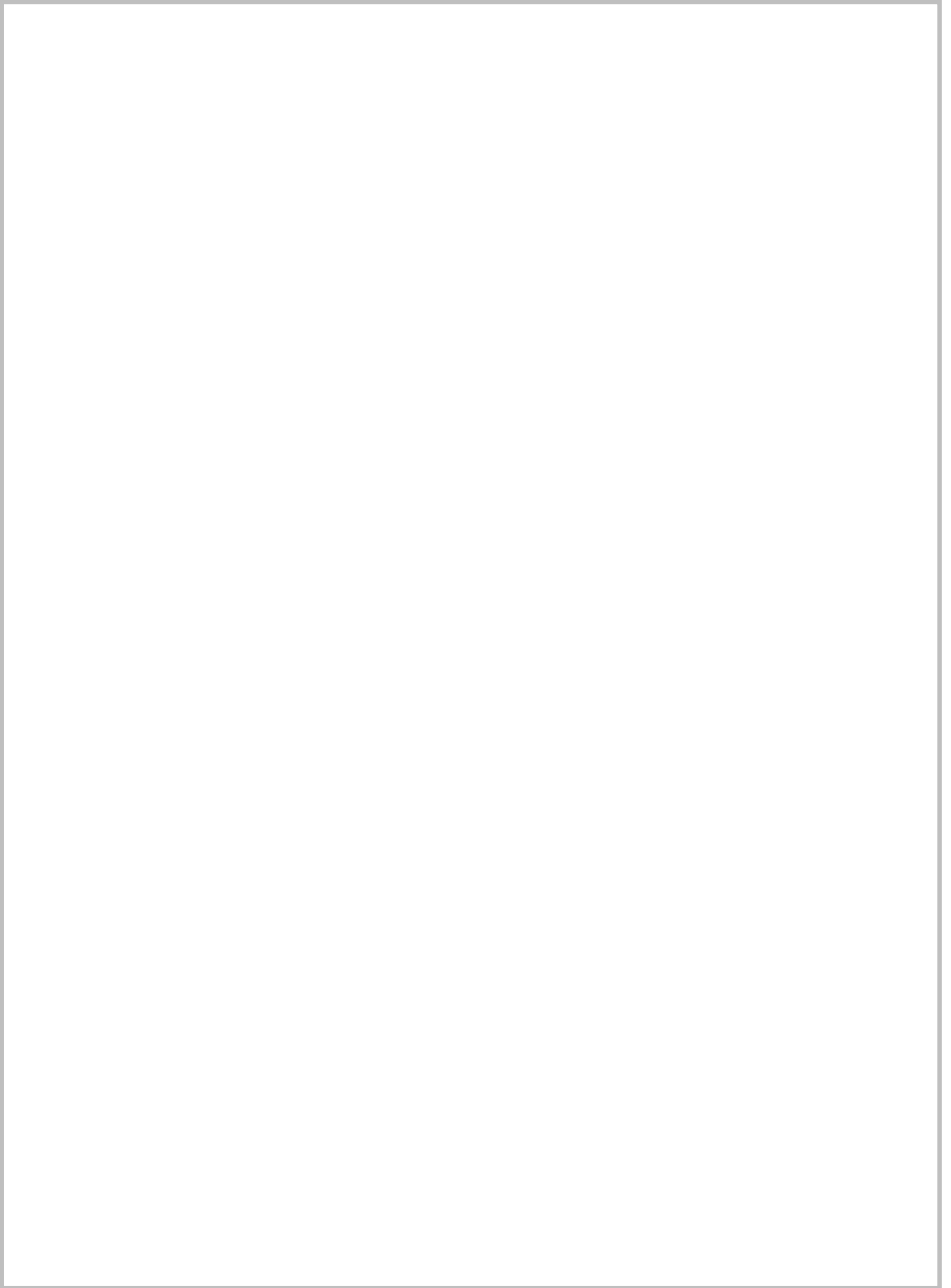
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Daily Devotion Journal

SCRIPTURE :

1 John 4:18

Date _____

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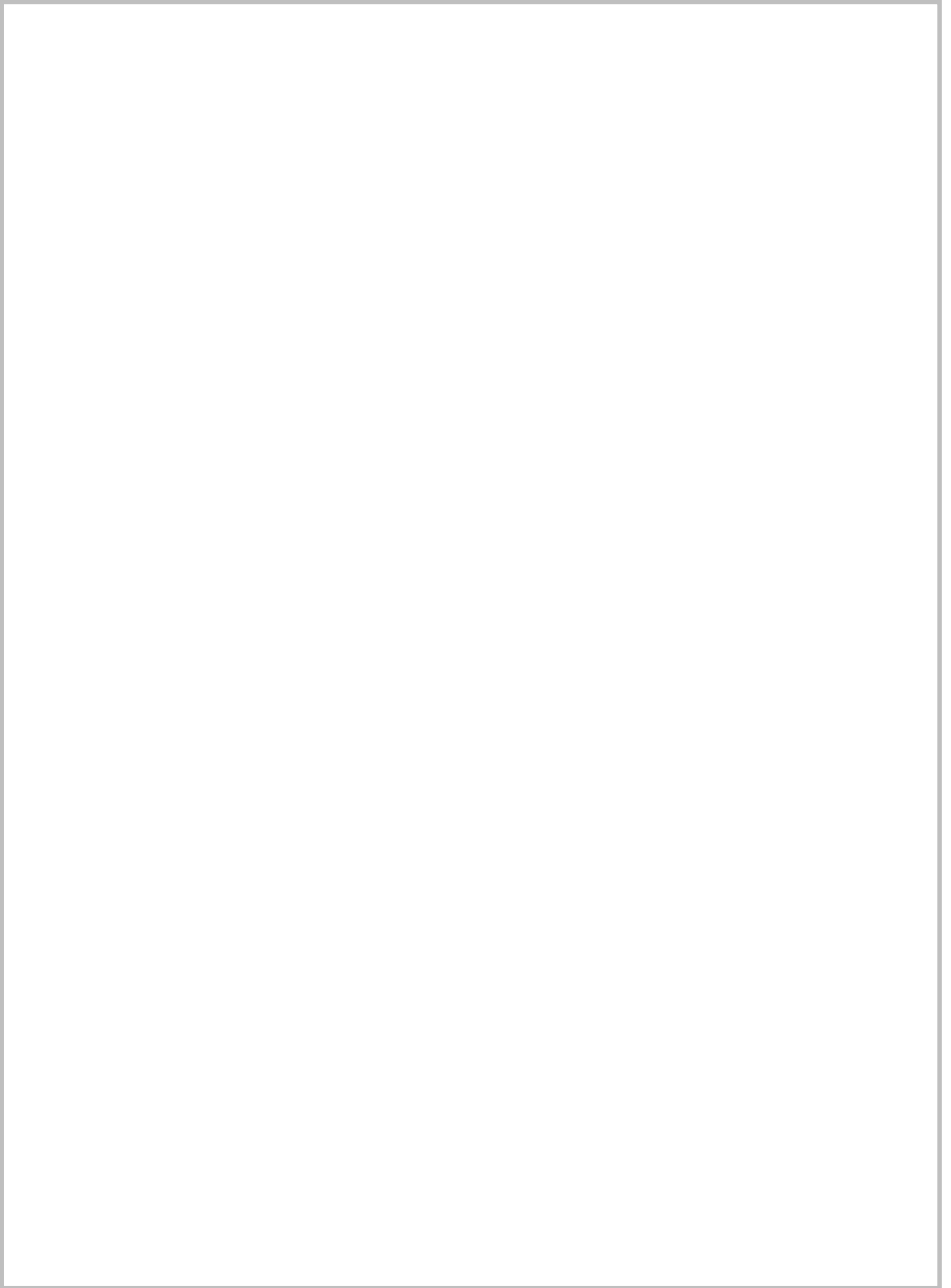
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Daily Devotion Journal

SCRIPTURE :

Romans 8:31-39

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

MEDITATE on the **scripture.** Read it slowly, carefully, repeatedly. Check surrounding verses to help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.

Write out the key scripture in your own words. Continue to make this scripture your prayer.

APPLY - **How does this scripture apply to YOUR LIFE today?** Be specific and personal. What is God speaking to you, about your life, through this scripture today.

RESPOND - What specific actions will you take today in response to this scripture?

PRAY - Write your prayer to God in response to this scripture.

Wow! Was that intense or what?! Do you see that there is **NOTHING** to fear for those in Christ Jesus? Live in the freedom from fear that Christ made available to you through his sacrifice.

Take time to write out a simple commitment to cast your fear before the throne of God. He is waiting to relieve you of those burdens:
